



Our Case for Support

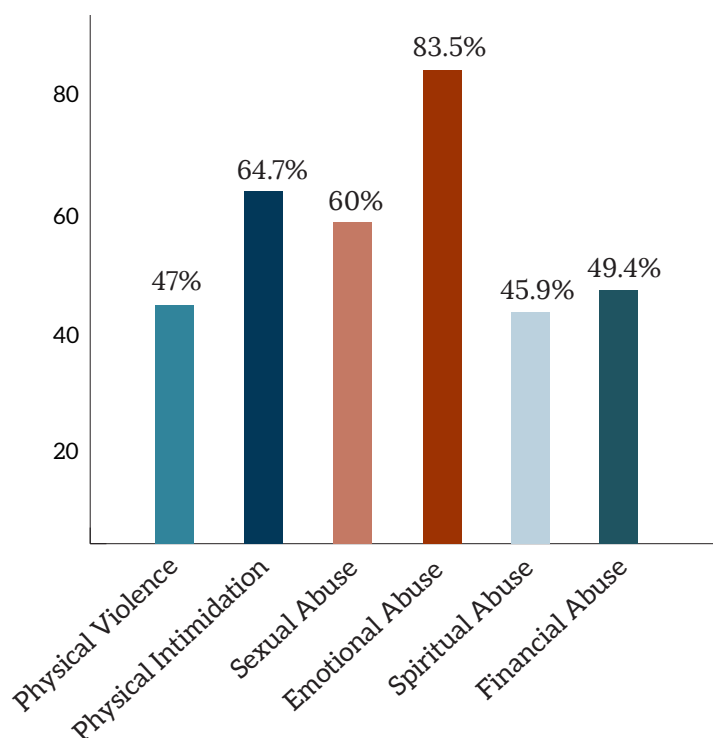
Help Catholic families heal from
the effects of abuse, trauma, and
spousal betrayal.



The problem of abuse and trauma in the domestic church is immense.

- At least 5 million acts of domestic violence occur annually to women aged 18 years and older. ¹
- About 4,000 women die each year due to domestic violence.
- Almost one in every two women in the U.S. has been, or is, in an abusive relationship. ²
- 46% of women and 26% of men in the US reported sexual or physical violence by an intimate partner at some point in their lifetime. ²
- Anxiety is the most common mental health issue across the globe. More than 359 million individuals are affected with anxiety. ³
- Suicide was the second leading cause of death for age groups 10–24 (17.2%) and 25–44 (9.8%) in 2023. ⁴
- More than 970 million individuals worldwide have substance abuse disorder.

Members of our community report experiencing the following types of abuse:



The need for healing in our time is evident based on the growing number of divorces, incidences of abuse and trauma, addictions to pornography, and the commonality of mental health conditions.

1 Huecker MR, King KC, Jordan GA, et al. Domestic Violence. [Updated 2023 Apr 9]. In: StatPearls [Internet]. Treasure Island (FL): StatPearls Publishing; 2025 Jan-. Available from: <https://www.ncbi.nlm.nih.gov/books/NBK499891/>

2 Leemis RW, Friar N, Khatiwada S, Chen MS, Kresnow M, Smith SG, Caslin S, & Basile KC. (2022). The National Intimate Partner and Sexual Violence Survey: 2016/2017 Report on Intimate Partner Violence. Atlanta, GA: National Center for Injury Prevention and Control, Centers for Disease Control and Prevention.

3 2021 Global Burden of Disease (GBD) [online database]. Seattle: Institute for Health Metrics and Evaluation; 2024 (<https://vizhub.healthdata.org/gbd-results/>, accessed 13 August 2025), (<https://www.who.int/news-room/fact-sheets/detail/anxiety-disorders>, accessed 26 January 2026).

4 Tejada-Vera, B., Bastian, B. and Curtin, S. (2025) 'Deaths: Leading causes for 2023', National Vital Statistics Reports, 74(10). doi:<https://www.cdc.gov/nchs/data/nvsr/nvsr74/nvsr74-10.pdf>.

We are uniquely suited to address this issue and help restore the domestic church.

God designed every human to be fully integrated in body, mind, spirit, and soul. Trauma, abuse, spousal betrayal, family division and dysfunction, sexual abuse, etc. lead to rupturing and interior disintegration.

Since 2017, You Are Made New Ministry has been delivering programs and services to individuals healing from such wounding.

In 2020, we founded Hope's Garden, a robust online women's community, providing daily Christ-centered support for Catholic women and their families.

● Our Mission:

- We provide trauma-informed accompaniment for Catholic individuals healing from the effects of domestic abuse, betrayal trauma, and emotional wounding. Through Christ-centered therapeutic practices, we guide them towards emotional and spiritual healing, imparting tools and skills that deepen their faith and maintain their freedom.

● Our Vision:

- Our vision is to form a movement of healing and transformation in the Church—where men and women, freed from the wounds of the past, embrace their God-given identity and live in the freedom of being made new in Christ.

● Our Impact:

Women, men, and entire families are proving that the support, tools, and relationships garnered in this community help them to flourish in Christ's love, break free of unholy patterns, and restore connectedness with each other.

“

I experienced tremendous healing at the retreat. You have a gift to reach people in their woundedness. Thank you for being an open vessel through which the Lord's love flows so beautifully.

- Retreat Participant

Our Work Includes:



Education

Our classroom offers on-demand, video based courses that are guided by Catholic instructors, grounded in the teachings of the Church, and engage the whole person - mind, heart, body, spirit and soul. Titles include: Healing the Heart Wounds, Striking the Serpent, Healing Our Relationship with Self, and The CHRIST Program.



Individual Coaching

Our coaching uses methods and tools from Integrative Healing Prayer, Neuroscience Informed Trauma Care, Catholic Parts Work and Somatic Practices. Anchored in the reality of God's abiding presence, we integrate the use of these therapeutic practices with reliance on guidance from the Holy Spirit.



Support Groups

Live (virtual) support groups provide a safe space to share needs and intentions, and experience the power of communal prayer. We offer support groups for individuals healing from betrayal trauma, sexual trauma, domestic abuse and more.



Healing Retreats

We offer healing retreats for men, women, and young adults that experientially address the ruptures and disintegration caused by childhood traumas, abuse, and other adverse circumstances in their lives. Through facilitated healing encounters, the Holy Spirit untwists distortions, lies and habitual patterns and opens hearts to Jesus' love.



Community

We offer two private communities: one for Catholic women and one for Catholic men. Each is a safe place for authentic sharing of our needs, triumphs, and trials along the path of healing and freedom in Christ. Both communities offer daily prayer, weekly support groups, monthly workshops, scripture studies, and more.

“

Since I am not able to speak about my situation with a lot of people, this community has provided a safe & prayerful space for me. It is not hyperbole to say that I wouldn't have made it through this walk of fire without you all.

- Community Member

Our Impact

“

I have a beautiful image now imprinted in my heart of God the Father and His love for me. At the retreat, I was freed from something that has burdened me since I was a little girl.

- Retreat Participant

1200

Members in
Hope's Garden
women's
community

150

Members in
Men of Hope
men's community

875

Inner healing
coaching
sessions
annually

450

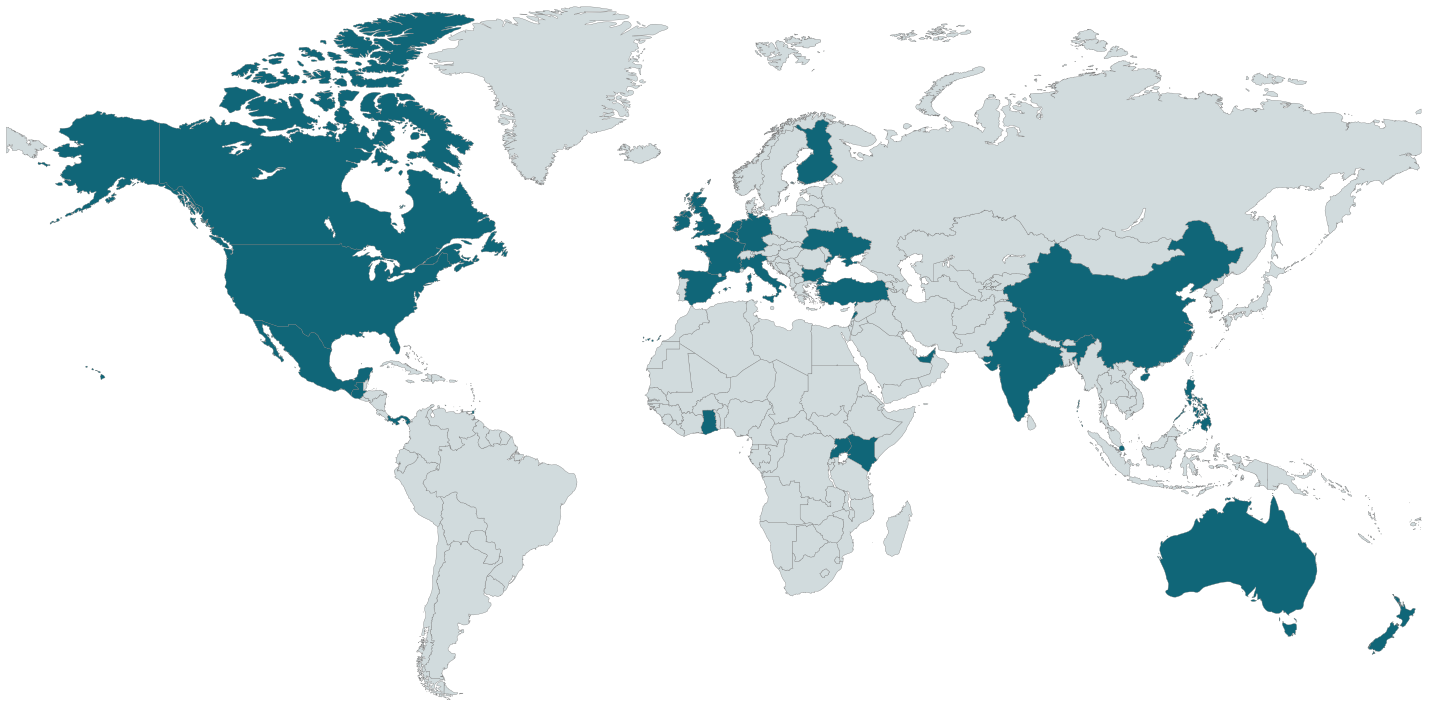
Individuals
participating in
our online
courses

300

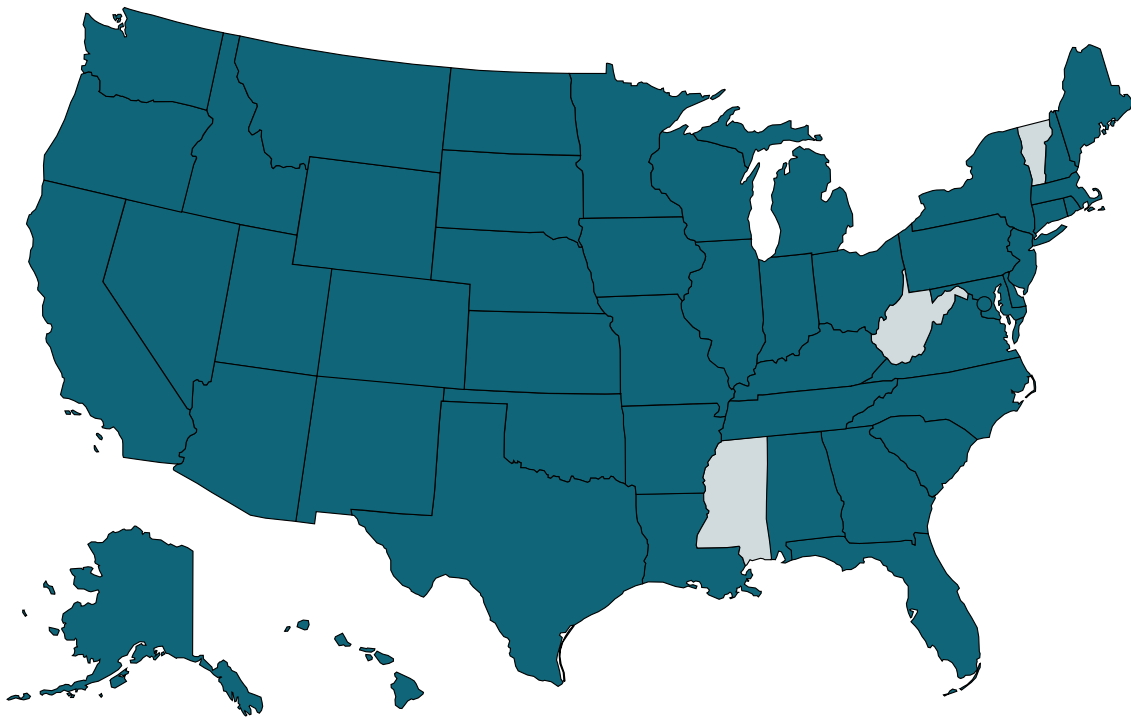
Individuals
attending our
inner healing
retreats

11

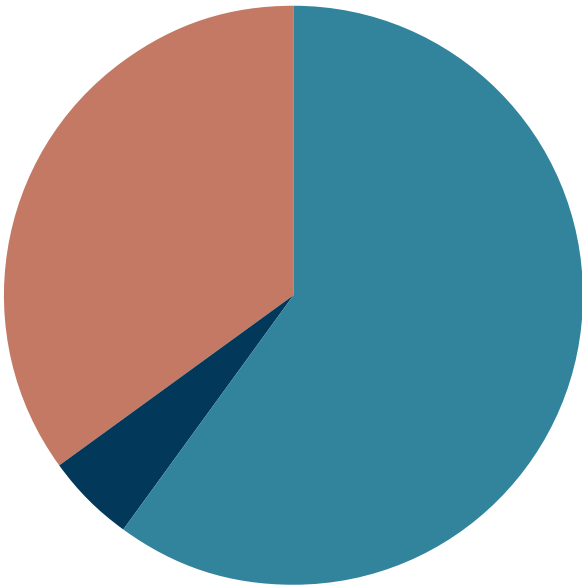
Coaches,
Spiritual
Directors, &
Support Group
Facilitators



Our Reach: 6 continents, 30 countries, and 47 US states.

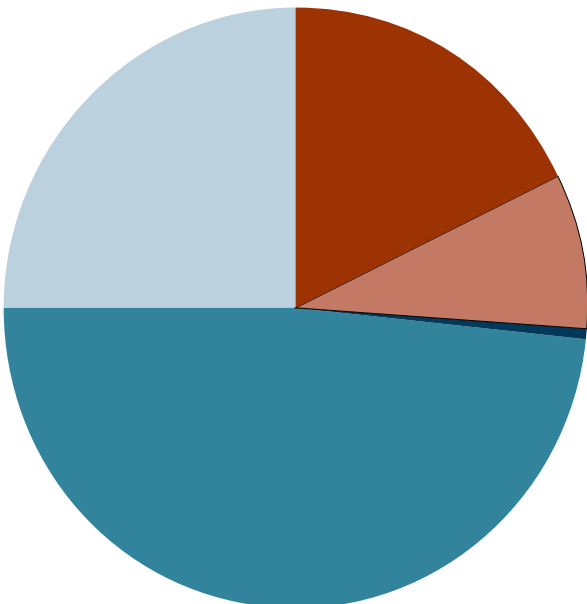


2025 Financial Data



2025 Use of Funds

● Ministry Programs & Services.....	\$134,940
● Fundraising	\$12,650
● Operations & Staff.....	\$76,214
Total Expenses	\$223,804



2025 Source of Funds

● Individual Contributions	\$44,574
● Benefit Dinner	\$21,250
● Grants.....	\$1,000
● Fee for Service	\$120,808
● Donated (Pro Bono) Services.....	\$61,721
Total Revenue.....	\$249,353

A Vision For Growth

As the need for healing continues to grow, we are expanding our capacity to serve more individuals and families seeking restoration in Christ. Additional philanthropic support will allow us to deepen and expand our mission in several critical ways:

- **Expand Support Communities**

- Train and equip new facilitators for our trauma-informed, Christ-centered support groups. With an average of 14 new members joining the Hope's Garden women's community each month, the demand for trained betrayal trauma and domestic abuse support group facilitators continues to grow.

- **Strengthen Our Healing Ministry**

- Create and deliver ongoing training in our inner healing methods and practices. Over the past four years, our coaching team has grown significantly—from just two coaches to twelve—and we anticipate continued expansion as demand increases. This growth underscores the need for structured, high-quality training to ensure consistency, depth, and excellence in the care we provide.

- **Increase Access to Transformational Retreats**

- Offer additional Restore Retreats throughout the country. Restore retreats provide each attendee with personalized attention, facilitating immersive encounters with Christ's healing love, bringing resolution and closure to previously unresolved trauma and wounding.

- **Ensure Healing is Accessible to Those Most in Need**

Provide scholarships for individuals who otherwise could not afford the healing services, coaching, and formation necessary for their restoration.

Through these efforts, we will reach more wounded hearts, restore more marriages and families, and help rebuild the domestic church.

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I want you to know that God used you to open my heart to Him in a very intimate and safe space.

- Coaching Client

Philanthropic Investment Opportunities

Our goal is to build the leading Catholic healing ministry in the world; equipping individuals, restoring families, and forming leaders who can bring Christ's healing to communities everywhere.



Training & Development Partnership: \$45,000 gets the infrastructure and training tools in place

Your support helps us set up the necessary infrastructure, create curriculums, and build the training programs that will equip individuals to provide trauma-informed, Christ-centered care with compassion and confidence. In the next three years, we expect to train 15-20 new facilitators/coaches and implement structured on-going training for our existing team.



Restore Retreat Sponsorship: \$19,500 per retreat; approx \$650 per retreatant

Each retreat is a 4-day intensive, providing a deeply transformative healing experience for up to 30 individuals seeking freedom from trauma, abuse, and betrayal.



Operational Partnership: \$17,000 per month

Supports the core ministry infrastructure that allows this work to reach individuals across the country and around the world.



Healing Scholarship Fund: \$4,500 annually, per individual

Provides 1-on-1 coaching and accompaniment (estimate 24 sessions), membership in weekly support groups, participation in video-based education programs, and attendance at one Restore Retreat for individuals who otherwise could not access these healing services.

Board of Directors



De Yarrison
Foundress & Executive
Director



Laura Ercolino
Foundress of Hope's
Garden



Joseph Pollack
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Father Stephen DeLacy
Spiritual Advisor &
Board Member



Father Michael Stalla
Spiritual Advisor &
Board Member



Deacon Christopher Parker
Treasurer of the Board



Ashley Parker
Secretary of the Board

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I am growing from a place of shame and guilt to a place of kindness and respect for myself. Our sessions have been so fruitful for me and for my family. - Coaching Client

You Are Made New is a registered 501c3 nonprofit organization listed in the Official Catholic Directory published by the United States Conference of Catholic Bishops. Hope's Garden is an apostolate of You Are Made New Ministry.

Partner With Us

Jesus is here in our midst, still liberating the captives, restoring sight to the blind, and healing the sick and wounded, just as He did when He walked the earth over 2000 years ago. The members of His Church are in great need of experiencing Him, given the profound brokenness of our times.

Over the next five years, You Are Made New Ministry seeks to dramatically expand the reach of our Christ-centered healing initiatives by:

- Training and commissioning additional inner healing coaches and facilitators to meet the growing demand for authentic Catholic healing services
- Expanding retreats to serve hundreds more individuals each year
- Building scalable digital formation resources to reach Catholics globally
- Enhancing scholarship access so financial hardship never prevents someone from receiving healing support

Together, we can bring Christ's healing to wounded hearts and strengthen the domestic church for generations to come.

We welcome the opportunity to partner with you in making this vision a reality.

Thank you for your consideration,

De Yarrison

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