



## **FIRST KEY: REPENTANCE AND FAITH**

### Declarations of Faith

Lord Jesus, I believe that You love me

Lord Jesus, I believe that You love me personally and unconditionally

Lord Jesus, I believe that You have a plan for my life

Lord Jesus, I believe that You made me just the way you want me to be

Lord Jesus, I believe that You are here with me

Lord Jesus, I believe that in You, all things are possible

Lord Jesus, I believe...

### Repentance

Jesus, I am sorry for not trusting You

Jesus, I repent of the ways I try to control things rather than entrusting myself to You

Lord, I am sorry for...

## **SECOND KEY: FORGIVENESS**

In the name of Jesus, I forgive [name the person] for [name what they did]

In the name of Jesus, I forgive myself for ...

## **THIRD KEY: RENUNCIATION**

Renounce Lies: "beliefs" that are not part of God's truths that tend to govern your thoughts

In the Name of Jesus, I renounce the lie that I am unlovable

In the Name of Jesus, I renounce the lie that I am not good

In the Name of Jesus, I renounce the lie I am not enough

In the Name of Jesus, I renounce the lie I am too much

In the Name of Jesus, I renounce the lie my life is meaningless

In the Name of Jesus, I renounce the lie I have no purpose

In the Name of Jesus, I renounce the lie I am not important

In the Name of Jesus, I renounce the lie God doesn't have a plan for me

In the Name of Jesus, I renounce the lie God's plan will make me unhappy

Renounce Spirits: patterns of emotion or behavior in your life that are not from God

In the Name of Jesus, I renounce the spirit of fear

In the Name of Jesus, I renounce the spirit of unworthiness

In the Name of Jesus, I renounce the spirit of anger

In the Name of Jesus, I renounce the spirit of rejection

In the Name of Jesus, I renounce the spirit of abandonment

In the Name of Jesus, I renounce the spirit of despair

In the Name of Jesus, I renounce the spirit of loneliness

In the Name of Jesus, I renounce the spirit of isolation

In the Name of Jesus, I renounce the spirit of pride

In the Name of Jesus, I renounce the spirit of self-hatred  
In the Name of Jesus, I renounce the spirit of control  
In the Name of Jesus, I renounce the fear of letting go  
In the Name of Jesus, I renounce the fear of intimacy  
In the Name of Jesus, I renounce the fear of failure

**Renounce Curses:** words **others** have spoken to you that were negative in nature and exert power over you (You are a failure, you are stupid, you are a burden, I wish you were never born, you always screw up)

- In the name of Jesus, I renounce any spirit that was at work in [my mother, father, husband, wife...] when he/she said [state what they said], and I break the power of those words over my life.

**Renounce Vows:** words **you** have spoken that were binding in nature and contradict God's plan for you (I will never forgive myself, all men are evil, I will never trust anyone again, etc)

- In the name of Jesus, I renounce the vow I made when I said [state what you said] and I break the power of those words over my life.

**Renounce Occult Activity:** all participation in occult activity and any words spoken to you by anyone involved in the occult, especially about your life, your future, your relationships

- In the Name of Jesus, I renounce any spirit that came to when I [occult action, i.e.: visited the fortune teller, played with the Ouija board, etc.] and I take back the authority I gave to him/her/it
- In the name of Jesus, I renounce any spirit that was at work in [name of fortune teller, palm reader, etc] when he/she said \_\_\_\_\_, and I break the power of those words over my life.

**Renounce Soul Ties:** bondage that formed between you and someone else because of sexual activity outside of marriage.

- In the name of Jesus, I break every physical and spiritual tie with [name] and I take back what I gave to him/her.
- In the case of rape/sexual abuse: In the name of Jesus, I break every physical and spiritual tie with [name] and I take back what he/she took from me.

#### **FOURTH KEY: AUTHORITY**

- In the name of Jesus, I break the power of every spirit I have renounced and every related spirit and I command them to leave me right now.

#### **FIFTH KEY: THE FATHER'S BLESSING**

- Listen to the audio "Beloved Meditation" and soak in God's words of love and delight in you:  
<https://youaremadenew.com/wp-content/uploads/2019/03/Beloved-Meditation-Victorious-Identity-calm-piano.wav>
- Meditate on scripture verses that speak God's words of love, delight and blessing over you:
  - 1 John 3:1-2, Jeremiah 29:11, Isaiah 40:11, Jeremiah 31:3, Luke 3:21-22, Zephaniah 3:17, Romans 8:37-38, Romans 8:14-17, Galatians 4:6-7, Isaiah 62:1-5, Psalm 103:11-14, Matthew 11:28-29