

Denise Yarrison, CCCC
Professional Coach & Gestalt Practitioner, Speaker, & Retreat Facilitator
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www.YouAreMadeNew.com

CURRICULUM VITAE

EDUCATION

- May 2002: Graduated from Immaculata University in Malvern, PA with a Bachelor of Arts Degree in Psychology.
- January 2010: Completed an 18-month Professional Coach Certification and Training program with The Coaches Training Institute based in San Rafael, CA.
- May 2011: Completed a 3-year Training and Certification program in Gestalt Therapy Practice from the Pennsylvania Gestalt Center in Malvern, PA.
- November 2014: Completed the Unbound Ministry Training with Heart of the Father Ministry in Ardmore, PA.
- June 2017: Completed a 9-month Advanced Coach Training program with The Arbinger Institute, based in Farmington, UT.

PERSONAL MINISTRY ACTIVITY AND SERVICE TO THE CHURCH

- Pastoral Council, St Mary Roman Catholic Church, June 2013 – June 2016
- Youth Group Leader, St. Mary Roman Catholic Church, September 2015 – July, 2019
- Music Minister, St. Mary Roman Catholic Church and various retreat settings, 2009 – present
- Worship Leader, Catholic Charismatic Prayer Meeting in Schwenksville PA, March 2012 - present

PROFESSIONAL HISTORY

January 2013–Present, You Are Made New Ministry (note: name changed from The Mothering Conversation to You Are Made New Ministry in December 2017).

Founder & Executive Director

- Pastoral care to women including life coaching, spiritual accompaniment, healing and deliverance prayer.
- Facilitating women's retreats and other opportunities to gather together for a time of authentic sisterhood.
- Speaking to parishes and diocese on topics related to our Freedom in Christ.

2011 - Present, Various Religious Organizations

Speaker & Workshop Facilitator, Contributor:

- Design and present workshops for women at Daylesford Abbey (2012 -2014).
- Speak at women's retreats for various church and women's leadership organizations, including Advent by Candlelight events, private church events, and MOPS (mothers of preschoolers) International Leadership Conference.
- Write a monthly article for the acclaimed web resource: Catholicmom.com.

1999-2017, Sherpa Higher Performance and Essential Shift, LLC

Prior to answering the Lord's call which led me to ministry work, I owned and operated a Pennsylvania Corporation, Sherpa Higher Performance (name later changed to Essential Shift, LLC).

- Design and facilitate team development programs for corporate clients to increase cohesion, engagement, positivity, and productivity.
- Coach leaders and guide them in facilitating positive change in their lives, personally and professionally.
- Design and facilitate leadership team retreats.

SPEAKING TOPICS I AM PASSIONATE ABOUT:

- Truth: Learning, listening, and believing in the Truth of who the Lord says we are as women (uses Saint John Paul II's "Letter to Women").
- Abundance: Contrast the world's "lie of scarcity" (there's not enough, I'm not enough, etc.) with the Lord's abundance.
- Freedom: Learning to "take every thought captive to obey Christ." Identify the lies we can get stuck in and learn the language of freedom in Christ.
- Peace: Overcoming anxiety through presence and surrender.

Learn more at our Speaking Inquiries webpage: <https://youaremadenew.com/speaking-inquiries>

PERSONAL PURSUITS

Living a life led by the Holy Spirit, singing praises to our Lord, all things outdoors with my husband and our three kids, travel, serving the Church, playing my guitar, and simple living.