## Authentic Leadership, Coaching Groups for Women

### Sample Calendar:

<table>
<thead>
<tr>
<th>Date</th>
<th>Timeframe</th>
<th>Topic Overview</th>
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| Sept 28  | 11:30am – 2:30pm| Live Kick-off Meeting!  
  › Opening Prayer  
  › Get to Know Each Other  
  › The Leader I’m Becoming – Looking ahead and setting intentions for our journey  
  › Leadership & Self-Deception  
  › Making Group-work Work: a look at Projection & Shadow |
| Oct 5    | 11am – 12:30pm  | Coaching Video Call #1  
  › Leadership Presence  
  › Self-Observation |
| Oct 12   | 11am – 12:30pm  | Coaching Video Call #2  
  › Responsiveness vs. Reactivity  
  › Self-Observation |
| Oct 26   | 11am – 12:30pm  | Coaching Video Call #3  
  › Review our Triggers and Self-Reflection “A-ha’s”  
  › Making the Essential Shift |
| Nov 2    | 11am – 12:30pm  | Coaching Video Call #4  
  › Mindset & Deeper Listening  
  › Vocab: What is it to be in Right Relationship? |
| Nov 16   | 11am – 12:30pm  | Coaching Video Call #5  
  › Listening Within, Making essential shifts in our inner dialogue |
| Nov 30   | 11am – 12:30pm  | Coaching Video Call #6  
  › Personal Growth Pyramid  
  › Making the Essential Shift |
| Dec 14   | 11am – 12:30pm  | Coaching Video Call #7  
  › Review key concepts from Leadership & Self-Deception  
  › How/When/With whom are we noticing these in our lives? |
| Jan 4    | 11am – 12:30pm  | Coaching Video Call #8  
  › Effectively Engaging Others: review the brain science behind engagement and motivation |
| Jan 18   | 11am – 12:30pm  | Coaching Video Call #9  
  › How are the shifts we’ve been making in our inner world cultivating the desired reality in our outer world? |
| Feb 1    | 11am – 12:30pm  | Coaching Video Call #10  
  › Completion and Closure. |