

Authentic Leadership, Coaching Groups for Women

Sample Calendar:

Date	Timeframe	Topic Overview
Sept 28	11:30am – 2:30pm	Live Kick-off Meeting! › Opening Prayer › Get to Know Each Other › The Leader I’m Becoming – Looking ahead and setting intentions for our journey › Leadership & Self-Deception › Making Group-work Work: a look at Projection & Shadow
Oct 5	11:am – 12:30pm	Coaching Video Call #1 › Leadership Presence › Self-Observation
Oct 12	11:am – 12:30pm	Coaching Video Call #2 › Responsiveness vs. Reactivity › Self-Observation
Oct 26	11:am – 12:30pm	Coaching Video Call #3 › Review our Triggers and Self-Reflection “A-ha’s” › Making the Essential Shift
Nov 2	11:am – 12:30pm	Coaching Video Call #4 › Mindset & Deeper Listening › Vocab: What is it to be in <i>Right Relationship</i> ?
Nov 16	11:am – 12:30pm	Coaching Video Call #5 › Listening Within, Making <i>essential shifts</i> in our inner dialogue
Nov 30	11:am – 12:30pm	Coaching Video Call #6 › Personal Growth Pyramid › Making the Essential Shift
Dec 14	11:am – 12:30pm	Coaching Video Call #7 › Review key concepts from Leadership & Self-Deception › How/When/With whom are we noticing these in our lives?
Jan 4	11:am – 12:30pm	Coaching Video Call #8 › Effectively Engaging Others: review the brain science behind engagement and motivation
Jan 18	11:am – 12:30pm	Coaching Video Call #9 › How are the shifts we’ve been making in our inner world cultivating the desired reality in our outer world?
Feb 1	11:am – 12:30pm	Coaching Video Call #10 › Completion and Closure.